# **ACTION PLAN**

## FATIMA COLLEGE (AUTONOMOUS), MADURAI - 18

# WOMEN EMPOWERMENT CELL-ACTION PLAN 2019 - 2020

#### Action Plan- 2019 - 2020

- To empower women through education, raising awareness, literacy, and training.
- To make life-determining decisions through different problems in society.
- To create social awareness about the problems of women and in particular regarding gender discrimination.
- To develop the self confidence of Women.
- To prevent sexual harassment and to promote general well-being
- To create social awareness about the problems of women and in particular regarding gender discrimination.
- To develop the self confidence of Women.
- To guide about Women Welfare Laws.
- To assert the importance of spiritual, economic, social, racial and gender equality.
- To highlight the importance of health and hygiene.
- To direct Women's role in the society. To develop multidisciplinary approach for the overall personality development.

#### **Activities Planned**

Women Empowerment Cell mainly stands for facilitating women's empowerment through guest lectures, seminars, awareness, guidance programmes and other welfare activities. The cell will step forward with specific objectives and plan of action by focusing quality activities for the well-being of young minds.

#### Outcome

- · The students will express their views, ideas, and thoughts
- Students get awareness in women related legal rights.
- Students develop life skills to target the societal problems.
- Students will recognize their true potential.

## Skill Acquired

The students will acquire life skills in all around emotional, mental, social and spiritual to become a empowered women in near future

FATIMA COLLEGE (AUTONOMOUS) MADURAI - 825 018.

#### FATIMA COLLEGE (AUTONOMOUS), MADURAI - 18

#### NSS ACTION PLAN- 2019-20

National Service Scheme (NSS) is one of the flagship programmes of the MHRD. It aims at personality and character development of the students through voluntary community service. NSS volunteers work on issues of social relevance, which keep evolving in response to the needs of the community, through regular and special camping activities. Such issues include literacy and education, health, family welfare and nutrition, environment conservation, social service programmes, programmes for empowerment of women, programmes connected with economic development activities, rescue and relief during calamities.

s.no	DATE	TENTATIVE PROGRAMME SCHEDULE
1.	18.7.2019	National Service Scheme- Orientation for first year graduation students by NSS P.O.s
2.	25.7.2019	DUTIES OF A NSS VOLUNTEER - MOTIVATONAL TALK Dr. M. Pandi, MKU NSS Coordinator
3.	01.08.2019	Awareness Programme on Women Empowerment and the Constitution
4.	8.8.2019	Awareness on Blood Donation by Dr. Mercy Joyston
5.	15.8.2019	Independence Day celebration at MKU
6.	22.8.2019	National Fortnight Celebration on Eye donation
7.	29.8.2019	Blood Donation Camp
8.	05.09.2019	International Literacy Day celebration at schools in adopted villages
9.	12.09.2019	Session on 'Women's Self- awareness'
10.	19.09.2019	Swachhata Hi Seva at villages

11.	26.09.2019	Swachhata Hi Seva at villages
12.	03.10.2019	NSS day celebration – Talk & Competetions
13.	10.10.2019	National Flag day
14.	17.10.2019	Awareness on Hepatatis
15.	24.10.2019	Impact of mass media on youth- Awareness session
16,	21.11.2019	International Day for the Elimination of Violence Against Women 2019
17.	26.11.2019	National Constitution Day lecture session
18.	1.12.2019	AIDS Awareness programme
19.	10.12.2019	Survey in adopted villages for special camp
20.	26.12.2019 to 31.12.2019	Special camp at adopted villages
21.	12-19, January 2020	National youth week celebration
22.	26.01.2020	Republic day celebration, RD parade at MKU
22.	12.02.2020	Personality development training & First aid training programmes
23.	08.03.2020	International Women's day celebration
24.	15.03.2020	Awareness programmes on consumer rights
25.	18.03.2020	NSS Test for second UG students
26.	27.03.2020	Part V Valediction

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VICE PRINCIPAL
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# FATIMA COLLEGE (AUTONOMOUS), MADURAI – 18. ALL INDIA CATHOLIC UNIVERSITY FEDERATION (AICUF) ACTION PLAN – 2019 – '20

#### **OBJECTIVES:**

- To have in-depth knowledge about the functionalities of AICUF.
- 2. To develop leadership potential in students.

#### ACTIVITIES PLANNED:

- > Selection of Office Bearers
- > Group Discussion on gender issues
- Guest Lecture on the life of Transgenders
- Guest Lecture on Tackling Harassment of Women &
   Women Equality
- > Self-help Awareness Programme
- > Debate
- > Chart Work
- > Home Visit
- > Paper presentation
- > Speech Competitions
- > Brain Games
- > Bible Quiz
- Counselling Sessions
- > Carol Singing
- > AICUF Day Celebration
- Workshop on various skills and crafts

#### ELIGIBILITY:

All the Roman Catholic Students and others if willing.

**DURATION: 60 HOURS** 

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